

# E. Taylor Abel, M.D.

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## PROFESSIONAL EXPERIENCE

### **Physiatrist, The Permanente Medical Group**

#### **South Sacramento, CA**

(7/2016 to present)

- Primarily outpatient evaluation and treatment of patients presenting with various musculoskeletal complaints
- Procedures include diagnostic ultrasound, diagnostic and therapeutic injections (palpation and ultrasound guided) and electrodiagnostic studies

### **Junior Partner, Napa MSK, Sports and Spine**

#### **Napa, CA**

(9/2012 to 4/2016)

- Same job description as noted in Napa MSK, Sports and Spine fellowship below

### **Fellowship, Napa MSK, Sports and Spine**

#### **Napa, CA**

(7/2011 to 9/2012)

- Outpatient evaluation and treatment of patients presenting with various musculoskeletal complaints
- Emphasis on interventional procedures including diagnostic and therapeutic injections (palpation, ultrasound and fluoroscopic guided) and electrodiagnostic studies

### **Physiatrist, eRiver Neurology**

#### **Poughkeepsie, NY**

(9/2009 to 6/2011)

- Sole physiatrist in the area's busiest neurology practice, practicing general outpatient physiatry with heavy emphasis on electrodiagnostic studies (20-25 EMGs per week)

### **Chief Resident, Physical Medicine and Rehabilitation**

#### **Albany Medical Center, Albany, NY**

(7/2008 to 6/2009)

- Organized resident teaching and call schedules; prepared and presented yearly Grand Rounds and bimonthly didactic lectures on core rehabilitation topics; fulfilled a mentorship and teaching role to junior residents in EMG labs and in dedicated lecture time.
- Evaluated and treated adult and pediatric patients in a busy outpatient physiatry practice (with a broad spectrum of patients, including those with musculoskeletal and neuropathic pain, traumatic brain injury, spinal cord injury, congenital and developmental disorders, stroke, amputee, and rheumatologic disorders); and provided a full range of treatment modalities including joint injections, chemodenervation procedures (EMG guided Botox injections, motor points block and nerve blocks) and electrodiagnostic tests (average 20 per week).
- Managed patients in general physiatry, amputee, and mobility clinics at Albany VAMC, including trigger point and joint injections and electrodiagnostic testing (average 8 EMG per week).
- Provided inpatient physiatry consultation at Albany VAMC.

### **Resident, Physical Medicine and Rehabilitation**

#### **Albany Medical Center, Albany, NY**

(7/2006 to 6/2008)

- Managed medical and rehab care on a 20-bed inpatient rehab unit, (including formulating intensive inpatient rehabilitation programs and leading interdisciplinary teams including physical therapy and social work.)
- Provided inpatient physiatry and chronic pain consultation.
- Evaluated and treated patients in outpatient physiatry clinic.
- Managed patients in general physiatry, amputee, and polytrauma clinics and inpatient rehab consultation at Albany VAMC.

### **Intern, Internal Medicine**

#### **Albany Medical Center, Albany, NY**

(7/2005 to 6/2006)

- Managed patients and provided comprehensive medical care on hospitalist and medical specialty teams and intensive care units.

### **EDUCATION**

#### **Albany Medical College**

(8/2001- 5/2005)

- MD awarded 5/2005.

#### **Saint Michael's College**

(8/1996- 5/2000)

- BS in Mathematics, Magna Cum Laude.

### **LICENSES & CERTIFICATIONS**

- Sports Medicine board certification; expires 12/2021
- American Board of Electrodiagnostic Medicine certification 12/2021
- American Board of Physical Medicine and Rehabilitation certification; expires 12/2020
- CA state license # A 117098
- NY state license # 251971-1 (inactive)
- NPI #: 1700048642

### **MEMBERSHIPS & AFFILIATIONS**

- American Association of Neuromuscular and Electrodiagnostic Medicine, Oct 2009-present
- American Academy of Physical Medicine and Rehabilitation, June 2006-present

### **EXTRACURRICULAR/ INTERESTS**

- Road and Mountain Biking, Snowboarding, Nordic Skiing