

JAMES TOICHI JOHNSON, M.D.

CURRICULUM VITAE

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PERSONAL DATA:

Citizenship: United States

LICENSURE: Colorado 7809

DEA: Current

BOARD CERTIFICATION: American Board of Orthopaedic Surgeons
CAQ: Sports Medicine
Effective 7/18/02 through 12/31/2022

HOSPITAL AFFILIATIONS:

ST. ANTHONY HOSPITAL
11600 W. 2ND PLACE
LAKEWOOD, CO 80228

ORTHOCOLORADO HOSPITAL
11650 W. 2ND PLACE
LAKEWOOD, CO 80228

GOLDEN RIDGE SURGERY CENTER
660 GOLDEN RIDGE ROAD, SUITE 110
GOLDEN, CO 80401

ST. ANTHONY NORTH HOSPITAL
2551 W. 84TH AVENUE
WESTMINSTER, CO 80031

NORTH SUBURBAN MEDICAL CENTER
9191 GRANT STREET
THORNTON, CO 80229

NORTH SUBURBAN SURGERY CENTER
9195 GRANT STREET
THORNTON, CO 80229

EDUCATIONAL BACKGROUND:**Fellowship:**

Steadman-Hawkins Clinic
Sports Medicine Fellow
7/99 to 7/00

Residency:

Yale School of Medicine
Department of Orthopaedics & Rehabilitation
7/95 to 6/99

Internship:

Yale School of Medicine
General Surgeon
6/94 to 7/95

Medical School:

George Washington School of Medicine
Washington, DC
MD
8/90 to 6/94

Graduate School:

University of California
Los Angeles
Master of Public Health
Division of Behavioral Sciences
1987 to 1989

Undergraduate School:

University of California
Los Angeles
Bachelors of Science in Psychobiology
1982 to 1987

Employment History:

Panorama Orthopedic Clinic, PC
660 Golden Ridge Road, Ste 250
Golden, CO 80401-9522
8/00 – present

Sports Medicine Fellowship Director
2007 - present

SOCIETY MEMBERSHIPS:

American Orthopaedic Society for Sports Medicine
Clear Creek Valley Medical Society
Colorado Medical Society

SCHOLARLY AWARDS AND HONORS:

AOA-Zimmer Traveling Resident Research Award
Don Joy Orthopaedic Research Award
Yale Orthopaedic Alumni Resident Research Award
President/Member - Beaumont Honor Research Society of GW Medical School
Omega Delta Kappa - GW University Honor Leadership Society
Blue Key Scholastic Scholarship
5280 Top Doctor 2007

RESEARCH EXPERIENCE:

1999 - Present Upper Extremity Research; Biceps anatomy, function, effects of release
Steadman-Hawkins Clinic: Vail, Colorado

1995 - 1997 Muscle contusion injury, PCL injuries, massive rotator cuff tears,
shoulder instability, post op TKR analgesia.
Dept. of Orthopaedics and Rehabilitation: Yale University New Haven, CT

1993 - 1994 Treatment of acute slipped capital femoral epiphysis with single pinning.
Dept. of Orthopaedics, Children's National Hospital, Washington DC

1988 - 1990 Staff Research Associate II - Research in Pulmonary Alveolar Macrophage and
Polymorphonuclear Leukocyte Recruitment. Dept. of Neonatology, UCLA

1988 - 1989 Staff Research Associate II - Research in Patient-Doctor Relationship:
Development of a cost effective intervention. Department of Family Medicine,
UCLA

1987 - 1988 Lab Assistant II - Research in maternal hypertension with monitoring circulatory
distribution via microspheres on sheep. High Risk OB/GYN, UCLA

1987 - 1988 Lab Assistant II - Research in sequelae of maternal diabetes on pulmonary
dysfunction High Risk OB/GYN, UCLA

VIDEO PRESENTATION FOR AAOS:

Rotator Cuff Repair with Bone Tunnels (In preparation)

Hip Arthroscopy; Indication and Technique (In preparation)

CONTRIBUTIONS TO MEDICAL PUBLICATIONS:

Daigneault JP, Johnson JT, Driscoll J, Silver M: Biomechanical Evaluation of Glenolabral Suture Fixation for Anterior Shoulder Instability. *Submitted to American Journal of Sports Medicine*

Johnson JT, Galloway MT: The Spectrum of Injuries Associated with Acute Tears of the Posterior Cruciate Ligament. *Submitted to Arthroscopy*

Johnson JT, Jokl P, Wu J, Galloway MT, Cholewicki J, Panjabi MM: Early Muscle Function is Enhanced by NSAIDs Following Contusion Injury. *Submitted to American Journal of Sports Medicine*

Goodman WW, Johnson JT, Robertson WW: Single Screw Fixation for Acute and Acute-on-Chronic Slipped Capital Femoral Epiphysis. *Clinical Orthopaedics and Related Research* 322:86-87, 1996.

Sherman MP, Johnson JT, Rothlein R, Hughes BJ, Smith CW, Anderson DC: The role of pulmonary phagocytes in host defense against group B streptococci in preterm versus term rabbit lung. *J Infect Dis* 166:818-826, 1992.

Sherman MP, Hall SL, Johnson JT, Aeberhard EE: Formulating a surfactant therapy for preterm infants who have bacterial pneumonia and respiratory distress syndrome. In: *Surfactant in Clinical Practice*; Belvilacqua G, Parmigiani S, Robertson (eds.); Chapter 13; Harwood Academic Publishers, London, in press.

PRESENTATIONS TO REGIONAL OR NATIONAL MEETINGS

Daigneault JP, Johnson JT, Driscoll J, Silver, M: Glenolabral Suture Fixation for Anterior Shoulder Instability; A Clinical Study. *Presented at Yale Orthopaedic Alumni Research Conference, Bermuda, 1999*

Daigneault JP, Johnson JT, Driscoll J, Silver, M: Biomechanical Evaluation of Glenolabral Suture Fixation for Anterior Shoulder Instability. *Accepted for presentation at the American Academy of Orthopaedic Surgery, Orlando FL, 1999*

Johnson JT, Galloway MT: The Spectrum of Injuries Associated with Acute Tears of the Posterior Cruciate Ligament. *Presented at the American Academy of Orthopaedic Surgeons. San Francisco CA, 1998.*

Johnson JT, Galloway MT: The Spectrum of Injuries Associated with Acute Tears of the Posterior Cruciate Ligament. *Presented at the American Academy Association of North America, 1998*

PRESENTATIONS TO REGIONAL OR NATIONAL MEETINGS (continued)

Johnson JT, Jokl P, Wu J, Galloway MT, Cholewicki J, Panjabi MM: Early Muscle Function is Enhanced by NSAIDs Following Contusion Injury. *Presented at the Orthopaedic Research Society Meeting, San Francisco, CA 1998*

Johnson JT, Jokl P, Wu J, Galloway MT, Cholewicki J, Panjabi MM: Early Muscle Function is Enhanced by NSAIDs Following Contusion Injury. *Presented at the American Orthopaedic Academy Conference, Asheville, NC, 1998*

Johnson JT, Jokl P, Wu J, Galloway MT, Cholewicki J, Panjabi MM: Early Muscle Function is Enhanced by NSAIDs Following Contusion Injury. *Presented at the Zimmer Orthopaedic Residents' Conference, Sacramento, CA, 1998*

Aeberhard EA, Johnson JT, Mistry PN, Sherman MP. *In vivo* damage and repair mechanisms in pulmonary alveolar macrophages exposed to hyperoxia. *Clin Res* 38:200A, 1990. *Poster presentation at Pulmonary Session, Western Society for Pediatric Research meeting, Carmel CA, February 8, 1990.*

Johnson JT, Aeberhard EE, Mistry PN, Sherman MP. *In vivo* damage to lung macrophages during hyperoxia and its prevention. *Pediatr Res* 27:60A, 1990. *Platform presentation at Developmental Pharmacology, National American Pediatric Society-Society for Pediatric Research meeting, Anaheim, CA, May 9, 1990.*

Sherman MP, Johnson JT, Anderson DC, Smith CW. Anti-CD18 antibody reveals the importance of neutrophils in preterm lung host defense. *Pediatric Res* 27:276A, 1990. *Pediatric Society-Society for Pediatric Research meeting, Anaheim, CA, May 9, 1990.*

PRESENTATIONS:

"Comparison of Cartilage Regeneration Techniques," The 28th Annual Spring Orthopaedic Day, April 6, 2001.

"Evaluation & Management of the Biceps Tendon," 7th Annual Colorado Athletic Trainer's Symposium, Lakewood, CO, July 30, 2001.

"Shoulder Exams: When to Refer" Breakfast with the Docs, Thornton, CO, February 12, 2003.

"Achilles Tendon Disorders" 30th Annual Spring Orthopedic Day, Golden, CO, April 4, 2003.

"The Female Athlete" The Female ACL-ACL Prevention Program, Colorado Sports Medicine Symposium, Golden, Colorado, August 1, 2003.

PRESENTATIONS: (continued)

“When to Refer A. Shoulder” Southwest Orthopedic Workshop, Littleton Adventist Hospital, Littleton, CO, November 21, 2003.

“Scapula Fractures” Faculty, 3rd Annual Colorado Orthopedic Trauma Symposium, Westminster, Colorado, February 13, 2004.

“When to Refer Knee Pain” Northern Orthopedic Workshop, North Suburban Medical Center, Thornton, CO, March 5, 2004

MEETINGS ATTENDED:

“Breakfast with the Docs” Panorama Orthopedics, PC, Golden, Colorado, October 1, 2003.

Hawkins Society Meeting, Hilton Head, South Carolina, May 15-17, 2003.

Steadman Hawkins Fellows Meeting, Vail, Colorado, July 10-12, 2003.

Bayer Institute, Disclosing Unanticipated Outcomes and Medical Errors, Golden, CO, November 20, 2003

33rd Annual Spring Orthopedic Day, Westin, Westminster, CO, April 7, 2006

IHC disclosing Unanticipated Outcomes and Medical Errors August 9, 2007

Colorado Sports Medicine Symposium August 10, 2007

Colorado Sports Medicine Symposium August 22, 2008

RESEARCH IN PROGRESS:

Prospective Randomized Comparison between Subacromial Decompression vx Subacromial Decompression and Biceps Release in Patients with Impingement and Bicipital Symptoms

Histologic examination of Long Head of Biceps Tendon

Biceps' Function as Humeral Head Depressor: Active vs. Passive Differences

Beceps Tenodesis Fixation Pullout Strength

Latissimus Dorsi Transfer for Treatment of Massive Irreparable Rotator Cuff Tears

Femoral-Sciatic Block with Indwelling Femoral Catheter for Post-Op Analgesic Deliverance Following TKR

EXTRACURRICULAR ACTIVITIES

- 1995 - 1997 Coverage Volvo/Pilot Pen ATP International Tennis Tournament
- 1995 - 197 Coverage of Local High School Football/Hockey Teams
- 1991 - 1994 3rd & 4th Year Representative to Medical School Student Council
- 1992 - 1994 Honor Code Committee- (Committee devoted toward the development of new guidelines and bylaws for the medical school)
- 1993 Graduation Committee, Class of '94
- 1991 Volunteer - Bone Marrow Drive Week
- 1991 - 1994 Captain of Undergrad & Med. School Champions in Intramural Football, Softball, Wiffleball
- 1990 - 1993 Member Intramural Soccer, Hockey, Volleyball, Basketball, Tennis
- 1988 - 1989 Volunteer Community Organizer - Camp Ronald McDonald For Good Times: Developed hospital & camper recruitment program; A camp for kids with cancer
- 1988 Little League Coach - Pacific Palisades: 9-11 year olds
- 1987 Counselor / Co-leader - Japanese Summer Cultural Exchange Program
- 1986 - 1987 Judicial Board Member - Inter Fraternity Council, Board of Justice
- 1985 - 1987 Peer Health Counselor/PHC Coordinator - Student run health organization providing health information and service to students
- 1985, 1986, 1987 Special Olympics Volunteer, Los Angeles
- 1984 Los Angeles 1984 Summer Olympics - Tennis and Gymnastics

HOBBIES

Running, Hiking, Skiing, Tennis, Golf, Softball, Basketball, Fishing